An Explorative Study to Understand the Employment Conditions and Concerns of Adults with Mild Intellectual Disability (MID) in Singapore

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Abstract

The subject matter of this research was the employment of Adults with Mild Intellectual Disability.

This research was carried out by a team of Occupational Therapists (OTs) from the Centre for Adults (CFA) and Delta Senior School (DSS) under Association for Persons with Special Needs (APSN) to find out about the employment conditions and concerns of adults with mild intellectual disability in various employment sectors. It was hypothesized that finding out the employment concerns and conditions of adults with mild intellectual disabilities would provide a systematic process to further enhance the employment support offered by the Occupational Therapy team to working adults with mild intellectual disability to ensure work sustainability. The OTs also further hypothesized that psychosocial factors, work efficiency and work participation were interrelated.

Objectives:

1 To find out the conditions and concerns of adults with mild intellectual disability in the employment sectors, and exploring the possibilities of enhancing occupational therapy employment support in employment sectors.

2 To understand the types and extent of skill upgrade and career advancement opportunities for persons with mild intellectual disability.

3 To understand the needs and expectations of the employers when employing persons with mild intellectual disability.